

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Hope Lange**

Has successfully participated & completed the

**7km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 01:27:24**

**PACE 12:28/km**

**GENDER 111 of 161**

**OVERALL 137 of 204**

**40 - 49 22 of 31**

28 August 2016, Sun

Date



*BoutTime*

Signature

